

# Avocado and Tomato Salad

(Total time: 15 minutes, yields 6 servings)

## Ingredients:

1/4 c. (60 mL) extra-virgin olive oil  
Juice of 1 lemon  
1/4 tsp. cumin  
Kosher salt  
Freshly ground black pepper  
3 avocados, cubed  
1 pt. (around 300 g) cherry tomatoes, halved  
1 small cucumber, sliced into half moons  
1/3 c. (50 g) corn  
1 jalapeño, minced (optional)  
2 tbsp. chopped cilantro (optional)

## Directions:

1. In a small bowl, whisk together oil, lime juice, and cumin. Season dressing with salt and pepper.
2. In a large serving bowl, combine avocados, tomatoes, cucumber, corn, jalapeño, and cilantro. Gently toss with dressing and serve immediately.